

# Parenting Activities in Tāmaki



**S . k . I . P** *in Tāmaki*  
Strategies with Kids | Information for Parents

# Parenting Activities in Tāmaki

This document provides basic information on fifteen different local organisations that provide services to parents in the community of Tāmaki. These services vary significantly, offering different styles and types of services for parents to choose from. This 'Key to Services Provided' on the right, gives a basic idea in what each organisation offers for the parents of Tāmaki. This information is accurate as of November 2014.

The HEART Movement is currently working to support parents in the community to create positive and empowering parenting initiatives. It is our aim to work alongside these organisations to ensure we collaborate and support parents to connect with these organisations in any new developments, and for these organisations to cater to the needs that parents raise in our learnings going forward.

## Key to Services Provided



Parenting Programme



Parenting Support



Household Management



Child/ Youth Support



Holistic Wrap Around

Contact Details of Organisations	3
Anglican Trust for Women and Children	4
Child, Youth and Family Services	4
Genesis Youth Trust	4
Glen Innes Citizens Advice Bureau	5
Glen Innes Family Centre	6
Glen Innes Library	7
Glen Innes Playcentre	7
Island Child Charitable Trust	8
Mad Ave	8
Ngāti Whatua o Orakei Health	9
Plunket	9
Ruapotaka Marae	10
Tāmaki Community Development Trust	11
Tāmaki Learning Champions	12
Tamaki Redevelopment Company	12
Te Waipuna Puawai Mercy Oasis	13

# Contact Details of Organisations

## **Anglican Trust for Women and Children**

Clifton Court  
Panmure  
Phone: (09) 276 3729  
Website: <http://www.atwc.org.nz/>

## **Genesis Youth Trust**

Cnr Line Rd and Taniwha St  
Glen Innes  
Phone: (09) 524 1934  
Website: <http://genesisyouthtrust.org.nz/>

## **Glen Innes Citizens Advice Bureau**

100 Line Rd  
Glen Innes  
Phone: (09) 528 3682  
Website: [cab.org.nz](http://cab.org.nz)

## **Glen Innes Library**

108 Line Rd  
Glen Innes  
Phone: (09) 521 8043  
Website: <http://www.aucklandlibraries.govt.nz/>

## **Island Child Charitable Trust**

3/59 Pt England Road  
Glen Innes  
Phone: (09) 574 5530  
Website: <http://www.islandchild.org.nz/>

## **Ngāti Whatua o Orakei Health**

272 Apirana Ave  
Glen Innes  
Phone: (09) 578 0941  
Website: <http://www.orakeihealth.com/>

## **Ruapotaka Marae**

106 Line Rd  
Glen Innes  
Phone: (09) 570 5340

## **Tamaki Learning Champions**

Website: <http://learningchampions.co.nz/>

## **Te Waipuna Puawai Mercy Oasis**

Social Work Support - Glen Innes  
5a Waddell Ave  
Glen Innes  
Phone: (09) 527 6380  
  
Course Centre - Ellerslie  
12a Umere Crescent  
Ellerslie  
Phone: (09) 571 2098  
Website: <http://www.twp.org.nz/>

## **Child, Youth and Family Services**

Lunn Ave  
Panmure  
Phone: (0508) FAMILY  
Website: <http://www.cyf.govt.nz/>

## **Glen Innes Family Centre**

122 Elstree Ave  
Glen Innes  
Phone: (09) 570 6250  
Website: <http://www.gifc.co.nz/>

## **Glen Innes Playcentre**

109a Taniwha St  
Glen Innes  
Phone: (09) 528 3705  
Website: <http://playcentre.org.nz>

## **SPACE**

Email: [space@tamakipca.org.nz](mailto:space@tamakipca.org.nz)  
Website: <http://www.space.org.nz/>

## **Mad Ave**

6 Fenchurch Street  
Glen Innes  
Phone: (021) 2051376

## **Plunket**

Glen Innes  
108 Line Rd  
Glen Innes  
Phone: (09) 528 6106

## Panmure

Panmure Community Centre, Pilkington Rd  
Panmure  
Phone: (09) 527 0273  
Website: <https://www.plunket.org.nz/>

## **Tāmaki Community Development Trust**

4a Court Crescent  
Panmure  
Phone: (09) 570 4314  
Website: <http://www.tcdt.net.nz/>

## **Tamaki Redevelopment Company**

244 Apirana Ave  
Glen Innes  
Phone: (09) 521 5221  
Website: <http://www.tamakitr.co.nz/>

# Anglican Trust for Women and Children

- **Social Workers in Schools** - ATWC have 6 social workers that support children and their whānau in 7 different schools in the Tāmaki community. The Social Workers primary focus is to empower whānau of children within their allocated schools, and to develop solutions for issues that impact on the children's learning and general well being.



- **Family Start** - Based at Clifton Court in Panmure, the Family Start Programme is an early intervention programme that includes visiting vulnerable whānau with children aged 0 to 3 years of ages in their own homes. The Social Worker allocated supports the main caregiver of the whānau with an individualised plan that will cover key areas of need and support. This can include care and protection concerns, parenting support, household management, childcare assistance, study or employment options and anything else that will support the whānau to become empowered and develop into a strong and capable whānau.

## Child, Youth and Family Services

The key CYFS government site that connects with the Tāmaki community is the Panmure office. They offer two services to the community.

- **Child Protection** - Working with families to keep kids safe, Child Protection Social Workers will work alongside whānau in need to ensure that children between the ages of 0 to 17 yrs of age are protected, nurtured and thriving in their whānau and community.
- **Youth Justice** - When children or youth offend against the law, a Youth Social Worker and Family Group Conference Co-ordinator will work with those youth and their whānau in a restorative justice way.



## Genesis Youth Trust

Physically based within The Glen Innes Police Station, but independent in practice, The Genesis Trust focuses on working alongside whānau with youth that have been caught offending and have been referred by Police Youth Aid or Child, Youth and Family Social Workers.

- **Genesis Whānau Programme** - This 10 week parenting programme is for the whole whānau to attend together and is held at The Grace International Church - 77-79 Line Rd, Glen Innes on Mondays at 5pm. The programme ensures that Genesis is able to provide a wraparound service to their clients whānau, acknowledging that the environment that surrounds youth at risk of re-offending requires support to develop as well. The programme covers in their 1-2 hour sessions the following topics: Family Dynamics/ Structure, Roles and Responsibilities, Boundaries/ Rules/ Consequences, Communication Skills, Anger Management, Alcohol, Teen Cognitive Development, Financial Management and Positive Relationships. Food is provided and children are welcome as well, to enable parents to be able to attend. This means that there are often about 30 people attending from 6-10 Whānau. One key outcome of the programme is that whānau get to know each other - often the youth already do, and this programme provides the opportunity for parents to meet each other.
- **Youth At Risk Support** - Alongside the whānau programme, the social workers and case managers of Genesis work alongside the child/ youth that have been referred. They are normally high risk offenders who require intense social work intervention including the completion of Child, Youth and Family Plans.
- **Mentoring Programme** - Genesis also provides a mentoring support service that connects mentors with their mentees on a weekly basis.



# Glen Innes Citizens Advice Bureau

**Hours:** Monday – Friday 9am-4pm

Saturday 9.30am (for booked legal appointments)



We provide free, confidential advice, information and support to the community. You can drop in to see us, phone or email. Our website can help you find information on a wide range of issues. We are located beside Ruapotaka Marae and GI Community Hall. Call in to talk to us at any time, to check out our wide range of pamphlets and forms



We have information about Family Court matters, child custody, Legal Aid and WINZ benefits. We have a wide range of pamphlets about local organisations, child care, courses and health services.

- **Justice of the Peace:** Available every weekday morning between 9.30am and 11.30am to witness documents, statutory declarations, etc. No appointment is needed.
- **Legal Advice Services:** Available, by appointment, on Thursdays (Auckland Community Law Centre) and on Saturday mornings.
- **Budgeters:** At the CAB on Monday morning, Tuesday morning & afternoon, Wednesday afternoon and Friday morning. Call in or ring us to check appointment times.
- **Problem Gambling:** Counselling can be booked by calling 09 368 1520
- **Burmese language:** Service is offered on Monday afternoons
- **Foodbank:** Providing emergency food assistance to families in Glen Innes and Pt England. time, or to look at our wide range of pamphlets

# Glen Innes Family Centre

A long standing community centre that focuses on holistic wrap around support services for all different members in a whānau.



- **Social Work Support** - 1-on-1 support is available to anyone. There is currently 1 social worker at the centre. This support can be long term (6 months+), short term (3-6 months), one off advocacy and working alongside other community organisations. The focus is normally task centred focusing on plans and goals ensuring self empowerment and resiliency. Key issues are family violence, care of children, court orders, parenting support, and working with government organisations.
- **Tool Box Parenting Programme** - “Building Awesome Whānau” is a set number of sessions that focus on parenting support for parents of children aged 0-12 yr olds\*. One Social Worker runs this programme. This is a programme that is delivered primarily to Māori parents that was created by The Parenting Place\*\*. Manuals are given to parents and worked on through out the sessions and are owned by the parents. The content of the programme is based on core Māori philosophy and they use Te Reo through out the sessions.
  - \*They have also delivered a parenting programme for parents of teenagers as well.
  - \*\* This programme is funded through an MSD contract and is free for parents to attend.
- **Positive Power Programme** - A child programme for the ages of 5-12 yrs old (divided into separate age groups). The programme is designed to support children who have experienced family violence. This programme was created and is developed by The Glen Innes Family Centre counsellors. One counsellor runs this programme. Children need to complete an initial assessment to be accepted into the programme. A series of group sessions are offered covering key topics that affect children who have experienced family violence.
- **Mana Rangatahi** - A child programme for the ages of 10-12 yrs old. The programme focuses on key life skills for Māori and Pacifica children who are at risk of deviant behaviour - at risk of being excluded from their schools or are having difficulty maintaining positive relationships in the home or school. The programme is delivered by one Social Worker, one community worker, and two volunteers from the community. The programme requires 1:3 adult to child ratio to maintain engagement and prevent distraction.
- **Counselling** - Available to anyone that requests this service for all ages. There is currently one counsellor at the centre. Issues can be; relationship, family, behaviour, anger, grief and loss, depression, domestic violence, sexual abuse, youth issues and stress.
- **Budgeting Services** - Available to anyone that requests this service. There is currently one budgeter at the centre. He focuses on assisting families to find satisfaction and security in handling their financial affairs through the development of adequate money management skills. This is done through reducing and eliminating debt and the changing of financial priorities.
- **Drop in Centre** - A drop in space in the community where people are able to come in and relax and seek support.
- **Senior Citizens Group** - A group for our elder community members, this is run by volunteers once a week and is a safe space for them to come together and interact through arts and crafts and having lunch together.

## Glen Innes Library

While not an organisation that provides social services to parents, Glen Innes Library was continuously mentioned as a space that is welcoming to parents and supportive of them including selecting books.



- **Wriggle and Rhyme** - Held every Thursday within term time from 11.15am to 11.45am, Wriggle and Rhyme offers entertainment and physical movement to pre-schoolers as well as education and knowledge to parents. The sessions are especially designed for newborns to 2 yrs old, however older siblings are welcome. There are often first time or returning drop ins as well as the regular parents and caregivers. Parents are also welcome to stay and chat after the sessions.
- **Storytime** - Held every Friday from 10am to 10.30am within term time. The librarian has a programme in place, but if parents want to bring in a favourite book, they can fit it in as well. Drop ins and regular attendance are welcome. Often the Language Nest Preschools attend with their children.
- **Parenting Groups** - Be it coffee groups or gatherings of parents with similar interests, the library is welcoming and encouraging of groups to come and use their space for gatherings. They are also willing to provide abridged versions of 'Wriggle and Rhyme' to any parenting groups including going out into the community to reach these parents.
- **Akozone** - An after school programme catering primarily to 9 to 13 yr olds supporting them to complete homework, read or take part in education activities that are put on by librarians or volunteers.

## Glen Innes Playcentre

- **Early Childhood Education Facility** - Playcentre believes that parents are the first and best educators of their child/ren. It provides an early childhood education option for whānau/families through the operation of Playcentres which offer a safe and secure learning environment for children from birth to 6 years that emphasise child initiated play and as an extension to the whānau/ family setting. It is different in that it is run co-operatively and licenced by the parents, extended whānau and guardians of the children that attend and therefore naturally cater and support the varied needs of the community that are involved. There are 3 general morning sessions on Monday, Wednesday and Friday as well a BIG KIDS session on Thursday mornings.



- **Parent Early Childhood Education Programme** - This is FREE. The National Playcentre Federation is licensed to provide an NZQA accredited programme. This includes playing alongside our pre-schoolers and help them develop a passion for learning, according to the principles of Te Whāriki, a curriculum all early childhood providers adhere to. Some key learnings includes positive parenting, leadership and working alongside others, with the children, for the adults own confidence building, personal development and inner strength. Most of the workshops are delivered at night between 7.30 - 10.30pm. Some workshops are delivered at daytime, during each centre's own session times and some lessons are currently being developed online.
- **SPACE (Supporting Parents Alongside Children's Education) Programme** – Glen Innes Playcentre currently hosts the SPACE programme which is delivered by Tamaki Playcentres Association Inc. The programme is governed by SPACE NZ Trust, a not for profit organisation. The SPACE programme is mainly for first time parents with newborn babies. Sessions are held once a week over 3-4 terms in a relaxed, baby friendly atmosphere. Sessions include the opportunity to meet and get to know other new parents, discussions on relevant child development and parenting topics, and play sessions, rhymes, music and books for babies.



## Island Child Charitable Trust

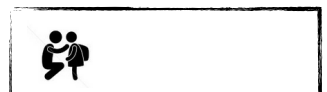
There is one full-time worker at Island Child Charitable Trust - who currently has a full caseload. The approach to working with whānau is through a positive strengths based lens to help empower whānau to address their needs. This often requires a 'wake up call' to the realities of life. ICCT focuses on 'educational moments' in their interactions with whānau to explain alternative ways of working and role model those ways.



- **Residential Programme** - This programme is focused on supporting the homelessness of Tāmaki to have access to temporary residence whilst learning the skills needed to run a household independently. For each case, a personalised plan is developed that focuses on the specific needs of that whānau. About 60% of the time, this includes some form of parenting support. That parenting support varies according to the whānau, with some of the higher needs including:
  - A Health Focus, including registering and attending Doctor appointments, administering of medication, support to access the medical system and seek diagnosis of difficulties/ disorders.
  - A Nutrition Focus, including learning what food is nutritious and how to prepare meals and feed children.
  - A Positive Parenting Focus, including an understanding around physical, emotional and verbal abuse alongside alternative parenting styles to work through behavioural problems.
  - An Advocacy Focus, to gain access to rental or HNZ properties. Setting up of those homes and transitioning into independence.
  - A Connection Focus, to help link the whānau into other services in the community - doctors, Tamariki Ora, Budgeting, Education and Literacy Programmes.

## Mad Ave

There are two workers that make up Mad Ave - a community company that develops programmes and initiatives as well as taking on contracts to deliver activities in the community.



- **Fenchurch Kids Club** - This is a new programme that will be run over 12 months. It has been created out of a need for the children on Fenchurch St, Glen Innes. The key focus will be a holiday programme run in-between school terms for one week. The families involved will be from the Fenchurch area of Tāmaki and the parents are given the opportunity to be in the drivers seat and are expected to come with their children. During term time, parents of those children will get together once a month to meet and learn, plan for the next holidays, and develop whanaungatanga.
  - Different examples of activities in the holiday programmes: letter writing, baking, and bush walking.
  - The holiday programme is youth driven and owned - all of the families are involved in the set up, clean up, and delivery of the programme.
  - Mad Ave don't currently have funding for this programme, however are committed that it grows to a community wide programme.
- **Extra Activities** - these are also being offered like trick or treating as a reward for cleaning up rubbish and glass in Mission Bay.





## Ngāti Whatua o Orakei Health

Primarily a health provider, the services that are offered to whānau are focused on health needs, however also encompass a holistic view of supporting whānau through any need they can support.



- **Kaitoko Whānau** - This is a Whanau Ora initiative that currently has funding to continue until the end of 2014. Similar to the Marae, they have five workers that focus on supporting whānau in goal setting and accomplishing plans. These workers are full time and have full caseloads.
- **Parenting Education Programmes (Pepe Group)** - For parents of babies to attend, there are two different stages - 0 to 6 months old and 6 months +. The programme runs a series of four sessions for each stage that was developed by Plunket to support first time parents through their first steps into parenting. This programme includes some information on ages and stages as well as some 'how to cope' and 'tips for under 5' information. SKIP resources are used for those parts.
- **Health Services** - There are several different health services that are offered for whānau:
  - Midwives - There are two midwives who have full books currently.
  - Aukati Kau Paipa - There are five workers who are working within this team who help whānau members to quit smoking.
  - Home Base Support - This is a team of workers that care for people in their own homes. Primarily this is supporting their household management, and sometimes it also includes caregiving for physical needs.
  - Maternity Care (Antenatal and Postnatal) - Regular meetings with pregnant women and new mothers through out the pregnancy, birth and new parenting stages.
  - Tamariki Ora - Regular checks on children from new born to 4 years of age.
  - Child Birth Information (programme) - A two day programme over 2 weeks for pregnant women and their partners/ whānau, run in collaboration between Ngāti Whatua o Orakei and BirthCare.

## Plunket

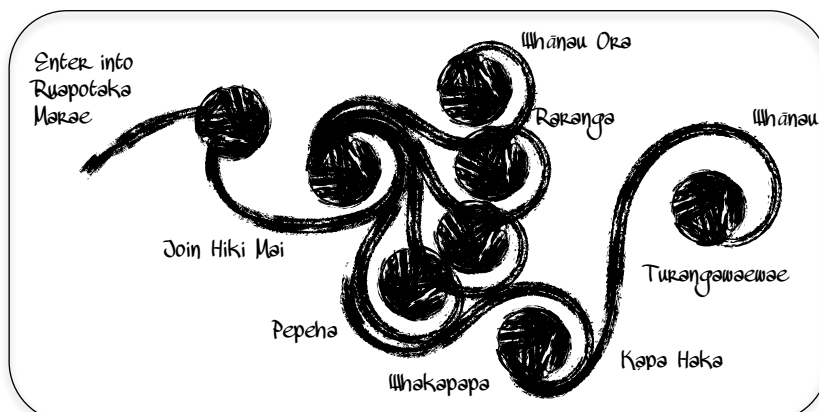
Plunket is a non profit community organisation which offers free support to keep your child well from the ages of 0 to 5 years. Tamaki has 2 Plunket clinics - one in The Glen Innes Community Centre and one in the Panmure community hall.



- **Well Child Service** – Referrals are made by midwives, doctors and self referrals from families. There is a team of staff who do health promotion, health protection, clinical assessment and whānau care & support. The Plunket nurse completes Well Child Checks at important stages of each child's life. There is other additional support given by our health workers to families on a needs bases. Referrals can be made to other agencies and to our Plunket programmes - for example Family Start and The PEPE Programme.
- **PEPE – Parenting Education Programme** – This programme enhances the parenting experience with Plunkets informative and popular programme for all new mothers. The programme consist of 4 programmes. Your New Baby, Your Growing Baby, Your Active Toddler, and Your Curious Toddler. The closest place for the Tāmaki area where these programmes are held is at Sylvia Park. The programmes are offered on Tuesdays and Thursdays, run for 5-6 weeks in length and are for 8-12 participants. Your active toddler and curious preschooler programmes are held in the evenings, the venue varies for these ones. Whānau are referred through their Plunket nurses to these programmes.
- **PAFT – Parents as First Teachers** – Plunket is one of the leading providers of this programme that supports parents as the first and most important teachers of their children. PAFT educators will work alongside parents from birth to 3 years of age one-on-one to learn specific developmental and educational needs of children, enabling confidence in their parenting role.
- **Family Worker** – Glen Innes/ Panmure Plunket in partnership with Family works have a full-time Plunket Family Worker that focuses on supporting whānau with social needs that arise specific to their situation. This work is needs based and changes depending on each whānau, however can include: advocacy with government organisations, mental health support, transport, housing needs, transiency and budgeting.

# Ruapotaka Marae

- **The Whānau Ora Team** - There are 2 x full time Kaitoko whānau workers and 3 x 35 hrs a week Oranga whānau workers. This team of 5 workers, support whānau and create plans to help them. Each Kaitoko whānau worker is meant to have 20 whānau, and each Oranga whānau worker is mean to have 10 each - however they almost always have a lot more than that at any time. The team is normally between 40-60% over capacity. Some key concerns that arise for these whānau are Whānau relationships, housing, and parenting. Approximately 85% of the whānau have concerns around parenting specifically parenting skills and ability. The workers work holistically with whānau, working to ensure that they support them for a variety of concerns through a variety of ways.
- **Hiki Mai Playgroup** - This playgroup has up until recently been open in the mornings at the marae. However it is currently in recess due to lack of numbers. The marae is keen to keep it running in some form, as there are a lot of spin offs for the whānau that do attend. Parents tend to use Hiki Mai as a doorway to access the marae generally and find themselves connected with The Whānau Ora Team, Kapa Haka, attending courses and participating in marae life. One idea that might be of interest is developing a HIPPY project in Te Reo/ Bilingual for these whānau. All Kohanga Reo in Tāmaki have a waiting list and they have been using Hiki Mai as a space for whānau to attend until there are spaces.
- **Drop in Space** - All types of people from the community use the marae as a drop in space to ask general questions, seek advice or one off support. There are often activities for whānau at the marae - one off events, weekly spots, or set actions for a period of time.
- **Holistic Wrap around for Whānau** - This way of working is their core practise at the marae. There are many activities being offered and at different times. Whānau enter into the marae through various different doors, and gain access to an array of activities, depending on what's available. Through out all of these activities, there is a core focus of positive, strengths-based living including positive parenting. As an example:
  - A parent enters through **Hiki Mai**, attending once or twice a week a playgroup, to interact with their tamariki and other whānau.
  - They ask for further support in their kainga, and are connected with a **Whānau Ora member** to work alongside them with a plan to focus on the concerns that they raise.
  - While they are at the Marae, they are offered the opportunity to attend a **Raranga workshop**, which they attend, they learn about the cutting of harakeke and the harakeke way of protecting tamariki through older generations supporting and enveloping their youth.
  - They decide to join the marae **Kapa Haka** rūpu and begin to learn waiata that were written by Kuia and Kaumatua from this marae around supporting and nurturing tamariki through the way we talk to them.
  - They develop their own **pepeha** that connects with this marae, but also becomes interested in their own **whakapapa** and a kaumatua that has connections with their own iwi helps to make the contacts for whānau to re-connect.
  - They develop a sense of belonging and start to call this marae their **turangawaewae**, bring their other whānau members along who also begin their own journey of connection with their culture and developing their own personal wellbeing.



# Tāmaki Community Development Trust

A small trust that is run out of the Tāmaki Community Church premises, the team consists of 6 people that work a variety of hours and provide the following services that are all responding to the needs that they see arise from the families they connect with.



- **Parenting Programme** - A new initiative that the trust will be providing, “Building Awesome Whānau” - a Toolbox Parenting Programme that was first created by The Parenting Place and has been delivered at The Glen Innes Family Centre in previous terms over 2014. TCDT will be delivering the programme in Term 4, 2014 from 24th October to 28th November on every Friday for whānau that they are connected with. This will be a trial and will be delivered by two community workers. They are currently getting equipment organised for this programme to be delivered and will be providing transport. There will be a gold coin donation asked for all parents who attend and free to caregivers.
- **One on One Youth Support** - A support service for youth that are referred by 7 different schools in the Tāmaki community (Glen Innes Primary, Glen Brae Primary, Glen Taylor Primary, Point England, Tāmaki Primary, Panmure Bridge and Ruapotaka Primary). Referrals are typically for boys with anger and behaviour concerns, are being disruptive at school and are at times physical. They also work closely with Tamaki and Selwyn College with the older siblings of these youth. Their caseloads are often full and are contracted by MSD to work with a total of 30 families over a year. TCDT currently are working with over 25 families, focusing on a whole whānau support approach. This includes home visits, advocacy for government services, budgeting services, housing issues, WINZ support, and access to immediate household resources (i.e. clothing, linen, toys, etc).
  - From this group, they also run a ‘**Home Group**’ which is from 3pm to 5pm weekly (usually Wednesday). This is for primary school age up to youth age of these families and they are encouraged to come (transport provided) to complete homework, or get busy with fun activities like art, craft and games.
  - These families also link into the other services that TCDT offer.
- **Life Skills Club** - An after school programme for two groups of children once a week. The junior group is run on Thursdays and the senior group is run on Mondays. Focusing on Life Skills that will help these children develop, but also have a good amount of fun to keep the children engaged and entertained.
- **Waahine Toa** - A weekly get together for any women in the Tāmaki community who would like to come together and support each other. In the past, the group has focused on health, exercise and craft. It is up to the women who attend on what they do.
- **Counselling** - A male counsellor offers counselling through out the week, he is fully qualified and has a full caseload continuously. He focuses primarily on the young boys that are referred to TCDT.
- **Male Mentoring** - A new role to the TCDT team that has just started to begin mentoring any males that are interested in seeking support. These referrals are from the families TCDT already work with, there is no capacity to take on any other external referrals.
- **Family Events** - TCDT offer a community event for any families in the community to attend once a term. These have been Father and Son events including guest speakers, food and competitions and Community Garage Sales for just gold coin donations.



## Tāmaki Learning Champions

A community trust in Tāmaki that focuses on promoting the benefits of early learning with preschool children. This includes raising participation in early learning, and building capacity in early learning spaces, and networking between whānau, early learning spaces and government entities.



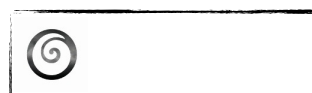
- **TLC Network** - There is a quarterly gathering of early learning centres, organisations and workers who connect for professional development, networking and developing initiatives for Tāmaki.



- **Transitioning to Schools** - TLC have recently begun an initiative to support the transitioning of preschoolers in early learning spaces (Childcare, Kohanga, Learning Nests, Playcentre, Playgroups) onto the local schools. Whānau will be connected with to ensure that they are ready to transition their child.

## Tamaki Redevelopment Company

A government and council owned company that is focused on supporting the regeneration of the community of Tāmaki through a number of different areas including homes, businesses, physical spaces in the community, education, health, children, neighbourhoods, careers and cultural identity. Although none of these areas are focused on parenting in particular, different projects within them will include parenting indirectly. Four of these type of projects are:



- **Early Childhood Education Strategy** - Primarily working with ECE facilities to develop high quality preschool education and higher rates in participation. Within this strategy, there are tasks to engage with parents and raise the understanding of how important the first five years of a child's life is.
- **Neighbourhood Development** - Currently focusing on the Fenchurch community, TRC are developing several physical buildings and areas within the area. With community hubs being established, needs of that community will be addressed including any needs required by parents for parenting or child support.
- **Youth Project** - Working alongside community youth organisations and services in the Tāmaki community, a plan is being developed to address the high behavioural problems currently present and developing preventative programmes involving youth development and family inclusion. Again, this project will be needs-responsive including incorporating parenting support as and when that need arises.
- **Mental Health Pilot** - A pilot for a large collective of organisations and stakeholders including ADHB and Procure. Focusing on the wellbeing of the people of Tāmaki and developing responses that will help raise the communities mental health wellbeing. This will be indirectly connected with parenting through involvement with families.

# Te Waipuna Puawai Mercy Oasis

- **Social Work Support** - Through a strengths based practice, TWP offer 1-on-1 support to all women. There are currently 2 social workers who are working full time with a maximum caseload of 15 each. They are currently working predominately with parents with a variety of ages. Parenting support is a common need. There is no set timeframes, however they try to work within a year timeframe maximum, aiming to do goal reviews every 3 months with clients during their journey with TWP. The focus is normally a 'stepping stone approach' working on basic goals through Task Centred Practice and grow from there. TWP prefer for clients to self request Social Work support, but they do receive CYFS referrals at times. Key issues are: parenting, advocacy with government organisations, running of the household - budgeting, and access to resources.
- **Household Running Support**
  - **Donations** - Collecting and distributing clothes, bedding, furniture, nappies.
  - **Food Parcels** - Full assessments on need and budgeting, and providing food parcels when needed. They also have a delivery of bread once a week to families identified as in need with two different routes to Glen Innes and Panmure.
- **Courses** - The opportunity to participate in several different courses including; Parenting, Managing Emotions, Promoting Safety Preventing Violence and several life skills/ cultural courses. All of these are often full and require waiting lists. They are run regularly - once a term at most. They are normally run by 1 person, are free to attend, transport is provided in vans and the venue is in Ellerslie. Some referrals come from CYFS under required plans, but TWP prefer client self referrals.
- **Counselling** - A student counsellor will be starting on a volunteer basis in September 2014 for 1 day a week.
- **HIPPY** - TWP hosts a HIPPY instructor, who works in the Glen Innes community. HIPPY supports parents to develop knowledge around early childhood education and supports the parents to teach their children (3 1/2 - 5 1/2 yrs old) how to become school ready.
- **Young Mum Support** - This is not currently active aside from a facebook page and group. However they do have a young parent community worker and there are tentative plans to set something back up.

